

NORTH BAY GENERAL SURGERY

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Breast Cancer Resources in the North Bay Area

General Information and Resources

- **Canadian Cancer Society:** This website is an excellent resource for cancer information, peer support services and access to an online community.
Website: www.cancer.ca
- **North Bay and District Cancer Society:** Hours of operation 9:00am to 5:00pm Monday to Friday
 - Cancer Information
 - Peer Support
 - Volunteer drivers
 - Wig Lending Service176 Lakeshore Drive, Unit 11
North Bay, Ontario
P1A 2A8
Phone: 705-472-9072
Toll Free: 1-888-208-2125
Email: northbay@ontario.cancer.ca
- **Northeast Cancer Centre Supportive Care Program:** Supportive Care Program helps individuals and their families in Northeastern Ontario deal with the psychological, emotional, social, spiritual, and physical concerns caused by cancer. These can be offered on-site in Sudbury or by using teleconference in North Bay. The services they offer include:
 - Aboriginal Services
 - Physiotherapy
 - Nutrition
 - Speech Language Pathology
 - Psychology
 - Services Closer to Home
 - Social Work
 - Supportive Care Oncology Research UnitWebsite: www.hsnsudbury.ca
Phone: 705-522-6237 ext 2175
Toll Free: 1-877-228-1822 ext 2175
- **Daffodil Terrace Lodge:** Located in the same building as the Northeast Cancer Centre. Available for patients to stay at if they are a registered patient with the Cancer Centre and have a scheduled visit/treatment. \$35/night. Book your room in advance by calling them.
41 Ramsey Lake Road
Sudbury, ON, P3E 5J1
Phone: 1-800-465-6343
Website: www.hsnsudbury.ca/daffodillodge

Support Groups

- **North Bay and District Cancer Society:** Will match patients with a peer for support. See contact information above.
- **Sisters-in Arms:** Three local women who are available for support.
Jo-Ann: 705-499-0650
Christine: 705-724-1500
Andrea: 705-752-1904
- **Warriors of Hope Breast Cancer Survivors Dragon Boat Racing Team**
Website: www.warriorsofhope.com
Phone: 705-474-9076
Email: warriorsofhope.nb@gmail.com

Lymphedema Resources

If you are experiencing lymphedema; massage and physiotherapy can help. Physiotherapy may also be helpful if you are feeling weak or deconditioned during or after cancer treatment. Compression wraps may be helpful in treating lymphedema. There is provincial funding for these devices. Ask your surgeon for the forms.

- **Caring Treatments: Massage and Lymphedema Clinic:** Lymphedema Therapist, specializing in lymphedema treatment and ADP authorized vendor. Your Physician may refer you to get measured for Pressure Modification Devices.
Susan L. Woodman
137 Hammond Street
North Bay, ON, P1B 2J2
Call or Text: 705-499-0818
Email: susan@caringtreatments.com
Website: www.caringtreatments.com
- **Active Running: Pre-and Post-Cancer Surgery Management:** Physiotherapist specializing in preventing and reducing lymphedema, adhesions and cording, shoulder, neck and back pain, joint stiffness and muscle weakness. Improves scar appearance, mobility and strength, overall well-being.
Lisa Despres
1004 Fisher Street
North Bay, ON
Phone: 705-497-0004
Website: www.activerunning.ca
- **Robertson's Pharmasave:** Specializing in the fitting and sale of Pressure Modification Devices for lymphedema. Registered vendor.
2547 Trout Lake Rd
North Bay, ON, P1N 7S8
Phone: 705-495-4515

Mastectomy Supplies

These are some of the vendors know to carry mastectomy and lumpectomy supplies. There is provincial funding for prosthesis for mastectomy/lumpectomies. Ask your surgeon for the forms.

- **Robinsons Pharma save, Lasalle Blvd. Sudbury ON:** Certified mastectomy fitters and vendor.
1276 Lasalle Blvd.
Sudbury, ON, P3A 1Y8
Website: www.healthcarepharmacy.ca
Phone: 705-566-5592
Toll Free: 1-800-598-2988
- **The Pink Ribbon Room/The Lingerie Shop:** Specializing in mastectomy bra and accessories, Certified fitter. They are offering a free Post-Surgical Camisole with drain management pockets, ideal to pick this up prior to your surgery.
1769 Regent St.
Sudbury, ON, P3E 3Z7
Phone: 705-522-2013
Website: www.thelingeriesshoppe.ca
- **Boobie Traps:** Customized Mastectomy Bras. Also specializes in customizing bras for lumpectomies to mask imperfections or even up breasts.
Pat Stevens
P.O. Box 314
Powassan, ON, P0H 1Z0
Phone: 705-358-5928
E-mail: pat@boobietraps.ca
www.BoobieTraps.ca
- **Knitted Knockers:** Soft, light-weight knit breast prosthetics. Available in everyday and swim styles, cup sizes A, B, C, D and E. These are knit by volunteers and are free to anyone who requires one. Can be picked up at West Nipissing General Hospital – Oncology department.
Website: <http://knittedknockerscanada.com>