

## NORTH BAY GENERAL SURGERY

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# Anoscopy and Hemorrhoid Banding

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**YOUR PROCEDURE DATE:** \_\_\_\_\_ **with Dr.** \_\_\_\_\_

**ARRIVAL TIME TO THE DAY SURGERY UNIT AT NORTH BAY REGIONAL HOSPITAL:** \_\_\_\_\_

*\*Please call the office one week prior to your appointment to confirm, 705-472-2646\**

**What is an anoscopy?** An anoscopy is a simple procedure in which your surgeon will insert a small retractor that enables them to visualize the anal canal and rectum.

**What are hemorrhoids?** Hemorrhoids are swollen veins in your rectum or anus. They are a normal part of anatomy and only require treatment when they become problematic or painful.

**What is hemorrhoid banding?** Hemorrhoid banding is a procedure that involves placing a small rubber band at the base of the hemorrhoid, this stops the blood flow to the hemorrhoid and causes it to wither away.

This procedure is done if lifestyle modifications (increasing fiber, fluids, using good bowel habits) have been ineffective in reducing the discomfort of hemorrhoids.

**What are the risks of Anoscopy and Hemorrhoid Banding?** Anoscopy and hemorrhoid banding are considered safe procedures, but do carry some risks including:

- Pain
- Recurrence of hemorrhoids
- Rectal bleeding
- Rarely infection, including pelvic sepsis can occur. This is a medical emergency. If you have symptoms of urinary retention, fevers, and severe pelvic pain, go to the Emergency Department.

**How to Prepare for Anoscopy and Hemorrhoid Banding?** This procedure is completed in the Ambulatory Care Unit (ACU) at the North Bay Regional Health Center, you are required to bring your health care card and check into your appointment 30 minutes prior.

No sedation is given during this appointment, you can eat normally, and you can drive yourself home following.

To prepare for this procedure you need to purchase 1 fleet enema. It is available at any pharmacy, no prescription is needed. **Administer one fleet enema 1.5 hrs. before the arrival time of your appointment.**

Let your surgeon know if you are taking any blood thinners, and they will advise you if it is necessary to adjust this medication prior to your appointment.

**What to expect following a Hemorrhoid Banding?** You may feel pressure, like it is necessary to have a bowel movement, this will disappear quickly. There may be some minor bleeding and minor discomfort.

You should not have significant pain after this procedure. If you are having lots of pain, the band needs to be removed and repositioned. Please call the office for instructions.

The band should fall off on its own, usually within a week.